

BUDDHIST STUDIES

## Peanut Sauce (Noodle Nirvana)

Servings: 5

1 tbsp cup garlic, minced
1 tbsp ginger, minced
7/8 cup peanut butter
1/4 cup tamari
1/4 cup rice vinegar
1 tbsp hot sauce
1/4 cup brown sugar
1 tbsp toasted sesame oil
1/2 cup water, hot

Mince the garlic and ginger.

Place minced garlic, ginger, and the remaining ingredients in a blender until smooth.

Continue to blend while adding hot water (see amount above) until it has the consistency of heavy cream.

Simmer, being careful not to scorch.

## Serve with your favorite noodles and vegetables, which might include the following:

- Rice Noodles
- Tofu
- Mushrooms
- Red Peppers
- Carrots
- Broccoli
- Napa Cabbage
- Scallions
- Cilantro
- Peanuts (toasted)

The noodles and vegetables are typically served at room temperature. The peanut sauce is usually served hot in the winter and room temperature during the summer.